

PrEP Home Checklist v1.0

Every Visit

- Screening for signs/symptoms of acute HIV and other STIs
- Risk Reduction Counseling
- Appropriate referrals and follow-ups (SW, Pharmacy, et al.)
- For those on PrEP:
 - Assessment of PrEP adherence, side effects, ongoing indication for continued use
 - Appropriate labs for visit depending on risk factors and/or acute STI symptoms
 - Patients on PrEP require visits at least every 3 months
 - DO NOT write PrEP Rx for more than 90 days at a time

Baseline Visit

- Social Work Visit
- Pharmacy Visit
- Prescriber Visit
 - Focused risk assessment
 - Screening for signs/symptoms of acute HIV and other STIs
 - Full history and physical
- Introduction to PrEP: Indications, Data
- Targeted Risk Reduction Counseling
- Labs:
 - **HIV Ag/Ab**
 - **RPR**
 - **Urine Gc/ChI NAAT**
 - **Hep A IgG**
 - **Hep BsAg, HepBsAb, HepBcAb**
 - **Hep C Ab**
 - **Urinalysis**
 - **BMP**
 - *All females of reproductive potential: urine pregnancy test*
 - *MSM: oropharyngeal AND rectal Gc/ChI NAAT*
 - *Concern for acute HIV or HCV: HIV or HCV viral load testing*
- Discharge with follow-up to be scheduled within one week after lab collection
- PrEP informational handout(s) to be provided to patient
- Referral to appropriate medical care i.e. PCP, ob/gyn, et al.

First Follow-Up Visit

- Social Work F/U
- Pharmacy F/U
- Prescriber Appointment
 - Screening for signs/symptoms of acute HIV and other STIs
 - Review of baseline labs
 - Reassessment of PrEP readiness and eligibility
- For those who are “PrEP”ared:
 - Review of PrEP usage, side effects, monitoring
 - Patient-Provider Contract review and signing
 - Rx: *Truvada; one tablet daily; #30; 0 refills*
- Targeted Risk Reduction Counseling
- Appropriate treatment for diagnosed STIs
- Immunize appropriately if Hep A or Hep B non-immune
- Labs: None required
- Discharge with follow-up to be scheduled in 30 days
- Provide copy of patient-provider contract to patient
- Referral to appropriate medical care

30 Day Follow-Up:

- Social Work F/U
- Pharmacy F/U
- Prescriber Appointment
 - Screening for signs/symptoms of acute HIV and other STIs
 - Interval targeted social history
 - Review of PrEP indication, usage, side effects
- For those who remain “PrEP”ared:
 - Rx: *Truvada; one tablet daily; #60; 0 refills*
 - Continue monthly refills for those at risk for non-adherence or who require closer monitoring
- Targeted Risk Reduction Counseling
- Immunize appropriately if Hep A or Hep B non-immune
- Labs: None required
 - Consider BMP in those with known renal disease OR at risk for development of renal disease
- Discharge with follow-up to be scheduled in 60 days
- Referral to appropriate medical care

3 Month Follow-Up:

- Social Work F/U
- Pharmacy F/U
- Prescriber Appointment
 - Screening for signs/symptoms of acute HIV and other STIs
 - Interval targeted social history
 - Review of PrEP indication, usage, side effects
- For those who remain “PrEP”ared:
 - *Rx: Truvada; one tablet daily; #90; 0 refills*
 - Continue monthly refills for those at risk for non-adherence or who require closer monitoring
- Targeted Risk Reduction Counseling
- Immunize appropriately if Hep A or Hep B non-immune
- Labs:
 - **HIV Ag/Ab**
 - **RPR**
 - **Urine Gc/Chl NAAT**
 - **BMP**
 - ***All females of reproductive potential: urine pregnancy test***
 - ***MSM: oropharyngeal AND rectal Gc/Chl NAAT***
- Discharge with follow-up to be scheduled in 3 months
 - May schedule shorter follow-up in those who require closer monitoring
- Referral to appropriate medical care

6 Month Follow-Up:

- Social Work F/U
- Pharmacy F/U
- Prescriber Appointment
 - Screening for signs/symptoms of acute HIV and other STIs
 - Interval targeted social history
 - Review of PrEP indication, usage, side effects
- For those who remain “PrEP”ared:
 - *Rx: Truvada; one tablet daily; #90; 0 refills*
 - Continue monthly refills for those at risk for non-adherence or who require closer monitoring
- Targeted Risk Reduction Counseling
- Immunize appropriately if Hep A or Hep B non-immune

6 Month Follow-Up Ctd.

- Labs:
 - **HIV Ag/Ab**
 - **RPR**
 - **Urine Gc/Chl NAAT**
 - **BMP**
 - ***Patients with pre-existing renal disease or at risk for development of renal disease: Urinalysis***
 - ***All females of reproductive potential: urine pregnancy test***
 - **MSM:**
 - ***oropharyngeal AND rectal Gc/Chl NAAT***
 - ***HCV Ab***
- Discharge with follow-up to be scheduled in 3 months
 - May schedule shorter follow-up in those who require closer monitoring
- Referral to appropriate medical care

9 Month Follow-Up

- Social Work F/U
- Pharmacy F/U
- Prescriber Appointment
 - Screening for signs/symptoms of acute HIV and other STIs
 - Interval targeted social history
 - Review of PrEP indication, usage, side effects
- For those who remain “PrEP”ared:
 - *Rx: Truvada; one tablet daily; #90; 0 refills*
 - Continue monthly refills for those at risk for non-adherence or who require closer monitoring
- Targeted Risk Reduction Counseling
- Immunize appropriately if Hep A or Hep B non-immune
- Labs:
 - **HIV Ag/Ab**
 - **RPR**
 - **Urine Gc/Chl NAAT**
 - **BMP**
 - ***All females of reproductive potential: urine pregnancy test***
 - ***MSM: oropharyngeal AND rectal Gc/Chl NAAT***
- Discharge with follow-up to be scheduled in 3 months and referrals as needed

12 Month Follow-Up:

- Social Work F/U
- Pharmacy F/U
- Prescriber Appointment
 - Screening for signs/symptoms of acute HIV and other STIs
 - Interval targeted social history
 - Review of PrEP indication, usage, side effects
- For those who remain “PrEP”ared:
 - *Rx: Truvada; one tablet daily; #90; 0 refills*
 - Continue monthly refills for those at risk for non-adherence or who require closer monitoring
- Targeted Risk Reduction Counseling
- Immunize appropriately if Hep A or Hep B non-immune
- Labs:
 - **HIV Ag/Ab**
 - **RPR**
 - **Urine Gc/Chl NAAT**
 - **HCV Ab**
 - **BMP**
 - **Urinalysis**
 - ***All females of reproductive potential: urine pregnancy test***
 - **MSM:**
 - ***oropharyngeal AND rectal Gc/Chl NAAT***
- Discharge with follow-up to be scheduled in 3 months and referrals as needed

Discontinuation of PrEP:

- Clear documentation of:
 - 1. Reason(s) for PrEP discontinuation
 - 2. Medication adherence prior to discontinuation
 - 3. Risk behaviors
- Labs:
 - **HIV Ag/Ab**
 - **Any other lab work due that would otherwise be due at the visit**
- Targeted Risk Reduction Counseling
- Immunize appropriately if Hep A or Hep B non-immune
- Discharge with appropriate referrals placed

Potential Candidates for PrEP (Adapted from NY State Guidelines)

- MSM who engage in unprotected anal intercourse
- Individuals who are in a serodiscordant sexual relationship with a known HIV-infected partner
- Male-to-female and female-to male transgender individuals engaging in high-risk sexual behaviors
- Individuals engaging in transactional sex, such as sex for money, drugs, or housing
- IDU who report any of the following behaviors: sharing injection equipment (including to inject hormones among transgender individuals), injecting one or more times per day, injecting cocaine or methamphetamine, engaging in high-risk sexual behaviors
- Individuals who use stimulant drugs associated with high-risk behaviors, such as methamphetamine
- Individuals diagnosed with at least one anogenital sexually transmitted infection in the last year
- Individuals who have been prescribed non-occupational post-exposure prophylaxis (nPEP) who demonstrate continued high-risk behavior or have used multiple courses of nPEP

HIV Risk Assessment Tools

HIRI-MSM Risk Index*			
1	How old are you today (yrs)?	<18 years 18–28 years 29–40 years 41–48 years ≥49 years	score 0 score 8 score 5 score 2 score 0
2	How many men have you had sex with in the last 6 months?	>10 male partners 6–10 male partners 0–5 male partners	score 7 score 4 score 0
3	In the last 6 months, how many times did you have receptive anal sex (you were the bottom) with a man?	1 or more times 0 times	score 10 score 0
4	How many of your male sex partners were HIV positive?	>1 positive partner 1 positive partner <1 positive partner	score 8 score 4 score 0
5	In the last 6 months, how many times did you have insertive anal sex (you were the top) with a man who was HIV positive?	5 or more times 0 times	score 6 score 0
6	In the last 6 months, have you used methamphetamines such as crystal or speed?	Yes No	score 5 score 0
7	In the last 6 months, have you used poppers (amyl nitrate)?	Yes No	score 3 score 0
Add down entries in right column to calculate total score			Total score†
<p style="font-size: small;">*To identify sexually active MSM in their practice, we recommend clinicians ask all their male patients a routine question: “In the past (time) have you had sex? (if yes), with men, women, or both?”</p> <p style="font-size: small;">†If score is 10 or greater, evaluate for PrEP or other intensive HIV prevention services; If score is 9 or less, provide indicated standard HIV prevention services.</p>			

Risk Assessment Tool for Heterosexual Men and Women

In the past 6 months:

- How many men/women have you had sex with?
- How many times did you have vaginal or anal sex when neither you nor your partner wore a condom?
- How many of your sex partners were HIV-positive?
- (*if any positive*) With these HIV-positive partners, how many times did you have vaginal or anal sex without a condom?

Risk Assessment Tool for IDU

- When did you last inject unprescribed drugs?
- In the past 6 months, have you injected by using needles, syringes, or other drug preparation equipment that had already been used by another person?
- In the past 6 months, have you been in a methadone or other medication-based drug treatment program?